



GOUCHER FAMILY SUMMER SERIES: SUPPORTING YOUR STUDENT

9 JULY 2024

GUESTS:

DR. JUSTIN R. SMITH (HE/HIM/HIS)

ASSOCIATE VICE PRESIDENT FOR STUDENT WELL-BEING AND DEAN OF STUDENTS

LAUREN GREENBERG, M.S., LCPC (SHE/HERS)

DIRECTOR OF STUDENT COUNSELING CENTER

ALEX PERRY (HE/HIM/HIS)

DIRECTOR OF STUDENT SUPPORT AND ACCOUNTABILITY



ABOUT ME:

- Originally from Fort Lauderdale
 - B.S. in Public Health , M.Ed. in Higher Ed Leadership, and Ed.D. in Higher Ed Leadership
- Arrived at Goucher in April 2023. Previously served roles at Princeton University, Nova Southeastern University and SCAD.
- Love sports (Fins Up), traveling, and escape rooms



ICEBREAKER!



Dean of Students Office Dorsey 203



1 Name & Hometown

2 1 thing you are excited about your student starting college this fall.

3 1 thing you are nervous about or feel will be a challenge.

CAMPUS RESOURCES



STUDENT DEVELOPMENT TEAM

1

STUDENT
COUNSELING

2

STUDENT
HEALTH

3

STUDENT SUPPORT
& ACCOUNTABILITY



DEAN OF STUDENTS DORSEY 203

DR. JUSTIN R. SMITH

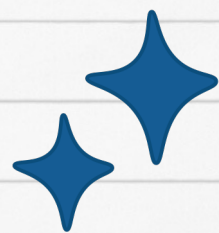
Associate Vice President for
Student Well-Being & Dean of
Students

(410) 337-6150

deanofstudents@goucher.edu

ADDITIONAL RESOURCES:

- [Janet Cane Fisher '38 Fund](#)
- [CARE TEAM](#)
- [Medical & Compassionate Withdrawal](#)



GOUCHER

— college —

THE STUDENT COUNSELING CENTER



4 Master's
Level
Clinicians

1 Dual Clinician
& Clinical Case
Manager

2-5 Year-long
Trainees



1
Receptionist

1 Peer
Educator

Cognitive-Behavioral, Motivational
Interviewing, Relational-Cultural,
Dialectical-Behavioral, Insight-
oriented, and Personality-theory
psychotherapies

WHAT WE DO

Short-term
Psychotherapy

Urgent
Appointments

Outreach
&
Programming

Referral
Support

24/7
Afterhours
Phone Line

Resource Library
& Medical
Transportation

HOW?

Interested students may submit an appointment request form on our website at any time or call 410-337-6481 during business hours!

Urgent appointments can be requested by phone and are usually scheduled within 3-5 business hours.

Note: Third-parties are unable to schedule appointments for their students

WHERE ARE WE LOCATED?

The office is on the top floor of Mary
Fisher (right above the main dining
hall).



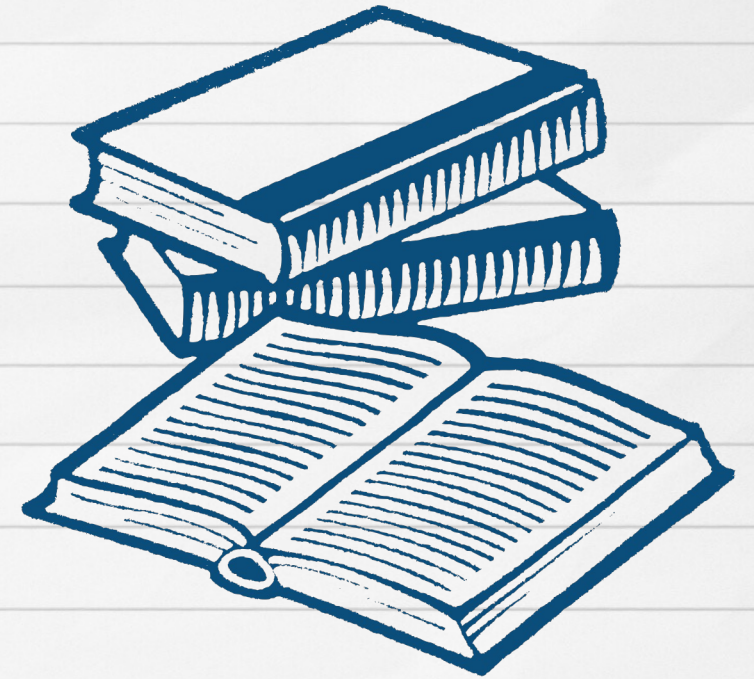
WHEN?

- MONDAY-FRIDAY 9AM-5PM
- Students may access services when enrolled in classes.
- We start scheduling appointments on the first day of classes

- All students have access to a 24/7 Afterhours line if they should need to speak to a counselor outside of business hours
- One headline outreach event per semester with several smaller events throughout the year

HELPFUL THINGS TO KNOW ABOUT THE SCC

- Students have access to a 24/7 phone line for mental health support called “The Afterhours Line”
- Counselor cannot solicit services or reach out to students without the student initiating contact--but the Office of Student Support and Outreach can reach out to students if you have concerns



HELPFUL THINGS TO KNOW ABOUT THE SCC

We offer short-term therapy. We have connections with a wealth of clinicians in the Towson/Baltimore Area for people who need services beyond that timeframe

Students have access to “WellTrack Connect” which is website that can be used to search for and communicate with off-campus provider

Referral support is available! The Clinical Case Manager is available to help students select off-campus providers

HELPFUL THINGS TO KNOW ABOUT THE SCC

Students do not need to be in crisis to seek support from the Counseling Center. Early intervention is better.

If a person has established mental health and/or psychiatric care, it is not advisable to cease that treatment when starting college

Services are not unlimited. We offer short-term psychotherapy and one session per week

WAYS PARENTS CAN HELP THEIR STUDENTS

01

Encourage them to attend psychoeducational outreach events. Many are fun while also sharing useful information about well-being and campus resources.

02

If they are hesitant to seek therapy, suggest they attend just one appointment to see what they think. Sometimes the idea of committing to multiple sessions can feel overwhelming,

03

Encourage students to look at our bios on the website. Having the counselors feel more human and relatable often makes students more willing to speak with us.

04

Ask the “at what point” question. Ex. At what point do you think you should talk to your professor? At what point do you think you should see a counselor?

05

Remind your students of what they did to get through past transitions. This may be a new life experience, but your student has been through similar transitions before.

06

Pull from your own wisdom of your student. What has helped in the past? What has made things worse? How can this wisdom help them now?

SCAN
THE QR
CODE TO
VISIT
OUR
WEBSITE



STUDENT SUPPORT AND ACCOUNTABILITY

ALEX PERRY

HEUBECK HALL-
CAMPUS SAFETY WING
(416) 337-3293

alex.perry@goucher.edu

ABOUT ME:

- Director of Student Support and Accountability
- Member of the Vice President for Student Affairs and Dean of Students Office
- Hold a dual role, which I will discuss my role in the subsequent slides

VICE PRESIDENT FOR STUDENT AFFAIRS AND DEAN OF STUDENTS OFFICE



Dr. Aarika Camp,
Vice President for Student Affairs



Dr. Justin Smith,
Associate Vice President for Student
Well-Being and Dean of Students



Alex Perry,
Director of Student Support
and Accountability



Kelly Applefeld,
Coordinator for Student Affairs and
Parent/Family Engagement



SUPPORT

ADVOCATES AND
SUPPORTS STUDENTS
EXPERIENCING
CHALLENGES IN THEIR
PERSONAL AND ACADEMIC
LIVES.

EXAMPLES OF SOME STUDENT CONCERNS:

- Homesickness
- Having a hard time adjusting to college
- Missing classes
- Financial Insecurity

HOW CAN YOU ASSIST US WITH STUDENT SUPPORT?

- Encourage your student to contact us via email or stop by our office.
- You can contact us yourself if you are concerned about your student's mental health at care@goucher.edu.
- We will also have a public portal where anyone can submit an online form if they are concerned about their student.
- We are non-clinical and work between 9 am-5 pm, Mondays-Fridays. ***Please contact the Office of Campus Safety for immediate emergencies (410) 337-6111. That office is staffed 24/7.***
- Encourage your student to get involved on campus to find their niche.



ACCOUNTABILITY

MEET WITH STUDENTS WHO
ALLEGEDLY VIOLATED
POLICIES IN OUR STUDENT
CODE OF CONDUCT.

HOW CAN YOU ASSIST US WITH ACCOUNTABILITY?

- Have a conversation with your student about the Student Code of Conduct and explain what it is.
<https://www.goucher.edu/policies/student-code-of-conduct/>
- Emphasize to your student that the purpose of the conduct system is to be educational and help students learn from their mistakes.
- Provide support to your student before and after the student accountability process.

FERPA

- If you are designated on the student's FERPA form, I can discuss any conversations I have with your student with you.
- I will not be able to disclose any information to people not on FERPA forms unless the student is having a health and safety emergency.

<https://www.goucher.edu/registrar/ferpa-information/information-for-parents>



QUESTIONS

GOUCHER FAMILY SUMMER SERIES

[HTTPS://WWW.GOUCHER.EDU/PARENTS/FAMILY-ORIENTATION-SERIES/](https://www.goucher.edu/parents/family-orientation-series/)

- **Tuesday, July 16:** Student Employment
- **Wednesday, July 17:** Health Forms & Health Insurance (Drop-In Session)
- **Wednesday, July 24:** Academic Resources
- **Monday, July 29:** Preparing for Move-In