

# Goucher Psychology – Recent Undergraduate Internships

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### **Art With A Heart**

#### Position: Program Assistant Intern



#### About

Art with a Heart brings interactive visual arts classes into schools, community centers, group homes, shelters, permanent housing facilities, hospitals, and senior housing facilities. Founded in 2000, Art with a Heart has experienced steady growth, from four small classes a week to 11,000 annually, with a proven track record for developing creative initiatives and accessible paths to success for individuals living in Baltimore's most vulnerable communities. It is located at 3355 Keswick Road Stable Building, Suite 104, Baltimore, MD 21211. Web address: https://artwithaheart.net

#### Past Internship Duties & Experiences

Assists and helps manage art classes held at sites all over Baltimore area, in

office and on-site

Create samples for these art classes and pack bags for sites

#### Most helpful psychology courses/experiences:

- PSY 244 Lifespan Developmental Psychology
- PSY 230 Social Psychology
- PSY 444 Seminar in Developmental Psychology (Topic: Theory of Mind)

#### What Do Students Say About This Internship?

"I gained experience teaching in a classroom and have realized that the

classroom is not where I want to be. I am very grateful I have decided this now."

## Baltimore City Online Learning

### BALTIMORE CITY public schools

**Position: Intern** 

#### About

**Baltimore City Online Learning,** is an online learning program through Baltimore City Public Schools. The virtual learning program serves students from grades 3 through 12. Web address: <u>https://www.baltimorecityschools.org/</u>.

#### **Past Internship Duties & Experiences**

- Worked and aided children with online learning
- Created activities to keep children engaged online

#### Most Helpful Psychology Courses/Experiences

- PSY 244 Lifespan Developmental Psychology
- PSY 222 Human Learning and Memory

#### What Do Students Say About This Internship?

• "I would make sure that the site supervisor is really supportive of your work because that can really make it or break it."

## Baltimore Educational Scholarship Trust

**Position: Intern** 



#### About

**The Baltimore Educational Scholarship Trust**, in partnership with our nineteen independent member schools, recruits and supports through the admissions process academically ambitious, African American students with financial need from the Baltimore area. Once students are enrolled, B.E.S.T. positions them for success through academic preparation, character and leadership development and support programs. It is located at 808 N Charles St, Baltimore, MD 21201. Web address: http://www.besttrust.org/

#### Past Internship Duties & Experiences

- Helping students with academic transition by providing academic enrichment
- Assisting students in cultural transition from public to private school
- Conducting research on the effectiveness of the program for these students as well as their parents.

#### Most helpful psychology courses/experiences:

- PSY 302 Quantitative Research Methods in Psychology
- PSY 230 Social Psychology
- PSY 226 Relational Psychology

#### What Do Students Say About This Internship?

 "These adolescents come from very poor neighborhoods in Baltimore and it is important to be sensitive and open-minded when working with them. I was working with these students to prepare for their transition from public to private school while at the same time experiencing my own transition coming from an environment like Goucher to working with these students."

### **Baltimore Urban Project at Mt. Clare Christian School**

Position: Tutor/ Camp Counselor

#### About

**Mt. Clare Christian School (MCCS)** is a ministry of Wilkens Avenue Mennonite Church, located in Southwest Baltimore. We want all of our students to achieve to their maximum potential academically. We seek to develop leaders who will play an active role in restoring our community. It is located at 320 S Vincent St, Baltimore, MD 21223. Web address: <a href="https://mountclarechristian.org/">https://mountclarechristian.org/</a>

#### Past Internship Duties & Experiences

- Helping tutor middle and high school students
- Administrative work for the school
- Helping out at a camp for campers ages 5-12
- Volunteering and serving when needed at Wilkens Mennonite Church.

#### Most helpful psychology courses/experiences:

- PSY 230 Social Psychology
- PSY 219 Black Psychology

#### What Do Students Say About This Internship?

 "This internship taught me through psychology the importance of bonding with people in order to make connections. I came to this internship not clear on what I want to do after college and I'm glad to express that I have an idea of what I would like to pursue in the future. This internship has changed my life for the better."

### **Bare of Hope LLC**

#### Position: Intern

#### About

**Bare of Hope,** is a mental health clinic located in Yorktown, Virginia. The clinic focuses on a wide range of psychological distresses and disorders and focuses on many types of practices. It is located at 4034 George Washington Mem Hwy Ste C, Yorktown, Virginia, 23692. Web address: https://laura-ferriola.clientsecure.me/

#### **Past Internship Duties & Experiences**

- Created programs accessible to moms bringing their children into therapy
- Remote work

#### Most Helpful Psychology Courses/Experiences

- PSY 238 Psychological Distress and Disorder
- SOA 492 Seminar: Domestic Violence
- Cultural Diversity classes

#### What Do Students Say About This Internship?

"It has given me perspective to look at different aspects of psychology. I was not quite sure what field of psychology I was looking to pursue and why category of people I wanted to use my knowledge to help. However, through my internships, I have been able to see different aspects of the professional world and narrow down what I am interested in for a career. it also helped me engage with professionals in the field and make connections for future references and job options."

### Calls4Care Position: Volunteer/Intern



#### About

**Calls4Care**, is a non-profit organization set up to give volunteers an opportunity and platform to easily connect with seniors to have meaningful conversations and build relationships remotely. Web address: https://www.calls4care.com/

#### **Past Internship Duties & Experiences**

- Connect over the phone with individuals in nursing homes
- Organize phone call data using excel spreadsheets

#### Most Helpful Psychology Courses/Experiences

- PSY 244 Lifespan Development Psychology
- PSY 394 & PSY 494 (Mentored) Research Team
- PSY 301 & 302 Professional Development I & II
- PSY 337 Neuroscience
- A Professional Communication Class

#### What Do Students Say About This Internship?

- "I appreciated the experience of this internship because of how different it was from any other work I have done in psychology and otherwise, because it allowed me to broaden my horizons and become more open-minded to other aspects of psychology and careers in general."
- "This internship was a wonderful experience for me, because I was able to make it exactly what I wanted it to be."

## Calvert School

#### Position: Volunteer/Intern



#### About

**Calvert School,** was founded in 1897 in Baltimore, Maryland. It is a private coed elementary and middle school that focuses on meeting each child at every stage of their life. They are located at 105 Tuscany Rd, Baltimore, Maryland 21210. Web address: http://www.calvertschoolmd.org/.

#### Past Internship Duties & Experiences

- Oversaw students during After School Care
- Interacted with students to foster the development of the four pillars of Calvert
- Collaborate with other after school care monitors
- Filled in for absent teachers

#### Most helpful psychology courses/experiences:

- PSY 244 Lifespan Development Psychology
- PSY 444 Seminar in Developmental Psychology
- PSY 337 Neuroscience
- PSY 437 Seminar in Neuroscience
- PSY 207 Educational Psychology

#### What Do Students Say About This Internship?

 "This internship experience showed me that my knowledge of psychology is very closely intertwined with my career goal of becoming a teacher. I was able to regularly apply what I've learned as a psychology student to my work, which often resulted in seeing real-time results within my work setting."

## **Chase Brexton Health Center for LGBTQ Health Equity**

**Position: Intern** 



A Chase Brexton Health Care 🕖

About

**Chase Brexton Health Care Center,** is a federally qualified health care center that focuses on and has expertise in LGBTQ health care and HIV care. It was founded in the heart of Baltimore City in 1978 and was one of the first clinics to fight against HIV and Aids.

#### Past Internship Duties & Experiences

- Completed research to aid in educational outreach programs
- Attended webinars
- Assisted education coordinator in department work

#### Most Helpful Psychology Courses/Experiences

- PSY 322 Cognitive Psychology
- PSY 301 & 302 Professional Development I & II
- PSY 338 Health Psychology

#### What Do Students Say About This Internship?

 "This internship has opened my eyes to a new side of the field I want to spend my life working in, and I am very grateful for the welcoming and supportive environment they created for me."

## Children's National Medical Center

Position: Intern/Volunteer



#### About

**Children's National Health System**, based in Washington, DC, has been serving the nation's children since 1870. Home to the Children's Research Institute and the Sheikh Zayed Institute for Pediatric Surgical Innovation, Children's National is one of the nation's top NIH-funded pediatric institutions. It is located at 111 Michigan Ave, NW, Washington, DC 20010. Web address: childrensnational.org

#### **Past Internship Duties & Experiences**

- Organizing checked errors in folders for a study
- Creating handouts for new trainees and organizing clinic schedules
- Entering information about patients into the clinic tracking spreadsheet

#### Most helpful psychology courses/experiences:

PSY 250 Statistical Methods in Psychology

#### What Do Students Say About This Internship?

 "I feel like I have a jumping off point to a job. This internship gave me the opportunity to make connections, meet new people and find something that I enjoy working on."

### **City Neighbors Hamilton School**

Position: School Social Work Intern



#### About

The mission of **City Neighbors Hamilton** is to provide an extraordinary public school education with high academic achievement for all students. Our ultimate goal for our school is that through project-based learning, arts integration, parental involvement and community outreach, the students leave enlivened, with deep awareness of themselves, their families and the outside community, and with the capacity to be good citizens. It is located at 5609 Sefton Avenue Baltimore, MD 21214. Web address: http://www.cityneighborshamilton.org

#### Past Internship Duties & Experiences

- Learning how to work with children in a therapeutic setting, which included learning about special needs, IEPs, treatment options, risk assessments and CBT approaches for students
- Assisting the School Social Worker with researching resources and with home visits

#### Most helpful psychology courses/experiences:

- PSY 230 Social Psychology
- PSY 238 Psychological Distress and Disorder
- PSY 207 Educational Psychology

#### What Do Students Say About This Internship?

• "Through my internship at City Neighbors Hamilton school I was able to engage with Baltimore City children and learn the inner workings of school social work. I was able to learn a lot about social work, the school system, counseling, and psychological disorders."

## **Cool Kids Campaign**

Position: Development Intern



#### About

**Cool Kids Campaign** is devoted to improving the quality of life for pediatric oncology patients and their families by focusing on the academic, social and emotional needs brought on by a cancer diagnosis. It is located at 8422 Bellona Lane, Ste 102, Towson, MD 21204. Web address: http://www.coolkidscampaign.org

#### Past Internship Duties & Experiences

- Work directly with the families Cool Kids Campaign serves
- Work with the Connection Newspaper writing articles, compiling content, organization, and distribution
- Facilitation of Mommy and Me preschool program and Mommy Drop-Off program

• Creation and sending of care packages to pediatric oncology patients throughout the country, writing and sending "Thinking of You" cards to pediatric oncology patients

Research and mailing of multiple sponsorship letters

#### Most helpful psychology courses/experiences:

- PSY 244 Lifespan Developmental Psychology
- PSY 338 Health Psychology

#### What Do Students Say About This Internship?

• "I had such an amazing experience with my supervisor and other staff members along with the families Cool Kids Campaign serves. This internship enhanced my knowledge of nonprofits and gave me insight into the world of pediatric oncology. I learned a lot about professionalism and how to form professional relationships."

### Core L'Etoile Position: Intern



#### About

**Core L'Etoile,** is a company that combines traditional teachings with body techniques, energy work and visualization. Web address: https://www.coreletoile.com/

#### Past Internship Duties & Experiences

Lead and facilitated movement classes

#### Most Helpful Psychology Courses/Experiences

- PSY 230 Social Psychology
- PSY 227 Feminist Psychology
- PSY 322 Human Learning and Memory
- Dance Therapy Course

#### What Do Students Say About This Internship?

 "Having the opportunity to use my major in psychology to gain an experience outside of the normal academic world is a wonderful experience that Goucher provides. Learning about how psychology can really be used outside of the classroom and seeing what I can bring to the table is something that I think every student should be able to do."

### **Crisis Text Line** Position: Crisis Counselor

#### About

**Crisis Text Line**, is a not-for-profit remote organization that began in 2013. It is a text based mental health support and crisis intervention platform. Web address: https://www.crisistextline.org/

#### **Past Internship Duties & Experiences**

- Support people in crisis 4-8 hours a well on a remote platform
- Focused on crisis intervention and problem-solving

#### Most Helpful Psychology Courses/Experiences

- PSY 238 Psychological Distress and Disorder
- PSY 220 Personality Psychology
- PSY 322 Cognitive Psychology
- PSY 486 Counseling Psychology
- PSY 438 Clinical Psychology Seminar

#### What Do Students Say About This Internship?

• "This internship is a wonderful experience if you are thinking about going into counseling/therapy in any environment. It gives you hands-on experiences with people going through a crisis which can prepare you for future clients if you continue to learn the skills developed in the internship."

• "At first I was overwhelmed and felt out of place. With persistence I not only felt more confident in being there, but I also made others feel more secure in themselves and find peace in whatever crisis lead them to text in at the hotline."

### Days End Farm Horse Rescue

### Position: Equine Rehabilitation Intern



#### About

**Days End Farm Horse Rescue™**, **Inc.**, is a 501(c)3, nonprofit, volunteer-based animal welfare organization established in 1989 to ensure quality care and treatment of horses through intervention, education and outreach. It is located at 1372 Woodbine Road, Woodbine, MD 21797. Web address: http://www.defhr.org

#### **Past Internship Duties & Experiences**

- General care and maintenance of the equine population
- Feed management: observing and recording behavioral changes and appetite deviations
- Work closely with veterinarians, farriers, and blacksmiths during the

rehabilitation process of critical care horses

- Data entry
- Training horses both on the ground and under saddle

#### Most helpful psychology courses/experiences:

- PSY 222 Human Learning and Memory
- PSY 322 Cognitive Psychology

#### What Do Students Say About This Internship?

• "It is up to you, as the intern, to apply psychological concepts to your surroundings--observe behavior, horse-horse relationships, horse-human relationships, communication, learning, etc."

### Dream Catcher Meadows Green Care Farm

**Position: Intern** 

#### About

**Dream Catcher Meadows,** is a non-profit community based sanctuary for rescued and orphaned animals. The goal of the organization is to inspire inclusion, healthy lifestyles, animal welfare and environmental stewardship through green care farming for neurodiverse children and youth. Web address: https://www.7thgenerationfoundationinc.org/index.html

#### **Past Internship Duties & Experiences**

- Create policy and procedure manuals
- Care for the animals on the farm
- Assisted with community outreach

#### Most Helpful Psychology Courses/Experiences

- PSY 105 Introduction to Psychology
- Environmental Studies Classes

#### What Do Students Say About This Internship?

 "My summer internship has tremendously helped me pursue and find an interest in a field of less pursued psychology. I learned how to strengthen my public speaking skills and develop the ability to relate to mental health professionals."

### Erie County Family Justice Center



**Position: Intern** 

#### About

**The Erie County Family Justice Center's** mission is to deliver comprehensive client services by Family Justice Center staff and partners to address offender accountability, safety, healing and prevention to enable clients and their children to break the cycle and live free from domestic violence. It is located at 327 Main Street Buffalo, NY 14203. Web address: http://www.fjcsafe.org/

#### Past Internship Duties & Experiences

- Clerical work
- Answering hotline calls, doing client intakes, administering danger assessments,

and serving as a witness for video conference calls

#### Most helpful psychology courses/experiences:

- PSY 338 Health Psychology
- PSY 226 Relational Psychology

#### What Do Students Say About This Internship?

• "From this internship I feel that I gained insight into the social problem that is domestic violence and I had the experience of witnessing and working in a setting that connects clients many resources efficiently and effectively. I learned how to write basic case notes and phone triage. Most significantly I learned how to listen empathically and connect clients to resources in a productive and timely fashion."

### Goucher College Human Resources Department

**Position: Intern** 

GOUCHER —college—

#### About

**Goucher College Human Resources Department,** is located at Goucher College. It is looking for dedicated individuals who will keep the college at the forefront of extraordinary education. It is located at 1021 Dulaney Valley Rd, Baltimore, Maryland, 21204. Web address: https://www.goucher.edu/

#### **Past Internship Duties & Experiences**

- Worked on the schools onboarding program
- Completed research, contacted faculty, took online courses, and watched webinars
- Filed and organized documents

#### Most Helpful Psychology Courses/Experiences

- PSY 230 Social Psychology
- PSY 302 or 305 Quantitative or Qualitative Research Methods
- PSY 224 International Psychology
- PSY 424 Seminar in International Psychology

#### What Do Students Say About This Internship?

 "An internship is an opportunity. One that many are not able to have. If you have the ability to, do it. You are able to get hands on experience and really watch how what you've learned over the years aid yourself to achieve success and development as a person and professional."

## Goucher Center for Psychology

**Position: Intern** 

#### GOUCHER —college—

#### About

**The Center for Psychology** has as its mission to educate students in the core knowledge and skills of the discipline of psychology, together with Goucher's unique perspective that reflects a history and tradition of respecting diverse viewpoints and methods and connections with other traditions and disciplines. This education contributes to the overall mission of the college as a liberal arts institution, "to prepare students within a broad and humane perspective for a life of inquiry, creativity, and critical and analytical thinking." Web address:

http://www.goucher.edu/learn/undergraduate-programs/psychology/

#### Past Internship Duties & Experiences

- Collecting and managing data
- Quantitative analysis using SPSS
- Co-presenting findings at a conference

#### Most helpful psychology courses/experiences:

PSY 302 Quantitative Research Methods in Psychology

#### What Do Students Say About This Internship?

• "Most Psychology students need to know that this internship will challenge you in a completely different way then classes do during the semester. This internship will be what you make it. Embrace the elements of the unknown because research will surprise you in ways that may completely excite you or bewilder you."

### **Goucher College**

#### **Position: Intern**



#### About

**Goucher College,** is a private liberal arts college located in Towson University. Goucher was a women's college until becoming coeducational in 1986. It is located at 1021 Dulaney Valley Rd, Baltimore, Maryland 21204. Web address: https://www.goucher.edu/

#### Past Internship Duties & Experiences

- Assisted academic advisors
- Promoted a welcoming and inclusive community to students and other visitors on campus

#### Most Helpful Psychology Courses/Experiences

- PSY 230 Social Psychology
- PSY 224 International Psychology
- PSY 424 Seminar in International Psychology

#### What Do Students Say About This Internship?

 "An internship is an opportunity to take what you've learned at Goucher and see yourself flourish. I was able to utilize the knowledge I've gained from other classes, extracurricular activities, and other experiences that will benefit me in my journey after college. It reassures yourself and your ability to go into the career that you want and encourages you to reach even farther."

## **Holistic Life Foundation**

Position: Volunteer/ Intern



#### About

**The Holistic Life Foundation** is a Baltimore-based 501(c) (3) nonprofit organization committed to nurturing the wellness of children and adults in underserved communities. Through a comprehensive approach which helps children develop their inner lives through yoga, mindfulness, and self-care HLF demonstrates deep commitment to learning, community, and stewardship of the environment. HLF is also committed to developing high-quality evidence based programs and curriculum to improve community well-being. It is located at 2601 North Howard Street, Suite 130, Baltimore, MD 21218. Web address: http://hlfinc.org/

#### **Past Internship Duties & Experiences**

- Overseeing grades from Pre-K through 2nd
- Assist with coordinating activities, leading large groups, education enrichment,

free time, and yoga and mindfulness practice

#### Most helpful psychology courses/experiences:

- PSY 244 Lifespan Developmental Psychology
- Experience working with children

#### What Do Students Say About This Internship?

• "It definitely takes a lot of bravery and also the ability to jump into situations that are out of your comfort zone. There may be very difficult days to get through but getting to know the students and the rest of the team makes everything worth it."

### **Humanz Mediate**

#### **Position: Intern**



#### About

**Humanz Mediate,** is a remote program and therapy practice. Here clients are assisted and guided by mediators through remote conversations. Web address: https://humanzmediate.com/

#### Past Internship Duties & Experiences

- Translated feelings, value words and meaningful expressions that showcase emotions from Spanish to English and vice versa
- Created a professional manual which included protocols
- Planned, scheduled, and organized internship and business administration

#### Most Helpful Psychology Courses/Experiences

- PSY 238 Psychological Distress and Disorder
- PSY 224 International Psychology
- PSY 230 Social Psychology
- PSY 486 Counseling Psychology
- DAN 296 Introduction to Dance Therapy

#### What Do Students Say About This Internship?

- "The internship with Humanz mediate allowed me to put into practice my knowledge in international psychology by taking into consideration the way other languages and cultures understand and express emotions"
- "This internship is an amazing experience as it gives you the freedom and responsibility to choose what is it that you personally work on for the internship in order to personally evolve on the fields you want and are interested in. The communication and environment is great, there is a lot of flexibility but at the same time the stakes are high as well which is exciting and inspiring."

### Johns Hopkins Bayview Medical Center

Position: Research Assistant



#### About

The **Behavioral Pharmacology Research Unit (BPRU)** is a substance abuse clinical research program encompassing both human laboratory research and outpatient treatment research. The BPRU research program spans a very broad array of abused substances. It is located 5510 Nathan Shock Dr, Baltimore, MD 21224. Web address: http://www.hopkinsmedicine.org/psychiatry/research/BPRU

#### Past Internship Duties & Experiences

- Caring and testing of animals
- Data entry
- Recruiting research participants and running participant screenings and sessions

#### Most helpful psychology courses/experiences:

- PSY 250 Statistical Methods in Psychology
- PSY 302 Quantitative Research Methods in Psychology
- PSY 337 Neuroscience
- PSY 394 & PSY 494 (Advanced) Mentored Research Team

#### What Do Students Say About This Internship?

• "While learning on campus here at Goucher has proven to be a great experience, being able to apply my knowledge off campus at a different location has helped me grow. Learning through an internship is much different than learning in the classroom here at Goucher because it is very hands on."

### Johns Hopkins School of Medicine

Position: Research Assistant



#### About

Johns Hopkins Medicine (JHM), headquartered in Baltimore, Maryland, is an integrated health enterprise and one of the leading health care systems in the United States. Johns Hopkins Medicine unites physicians and scientists of Johns Hopkins with the organizations, health professionals and facilities of The Johns Hopkins Hospital and Health System. This internship was completed at 733 N Broadway, Baltimore, MD 21205.

#### Past Internship Duties & Experiences

- Collect data via a Davis Rig. and help to analyze data
- Care for and participate in surgeries on animal subjects

#### Most helpful psychology courses/experiences:

- PSY 322 Cognitive Psychology
- PSY 337 Neuroscience
- Biology courses

#### What Do Students Say About This Internship?

- "When looking for an internship, always be willing to put yourself out there.
  Even if you feel like you may be under-qualified do not let that stop
  you. Internships are places where you learn more and become more skilled."
- "I personally feel as if life experience is the best teacher in new situations. The internship was certainly out of my comfort zone, but once there and understanding the work, it gave me confidence in performing as a professional."

### Karina Association Inc.

**Position: Dance Therapy Intern** 



#### About

**The Karina Association**, founded in March 2009, is a non-profit organization with headquarters in Baltimore, Maryland. Originally, we helped abandoned and disabled children in Ruse, Bulgaria. A vital role of K.A.R.I.N.A. is building acceptance and inclusion for those that are disabled in a society where most people take inclusion for granted. K.A.R.I.N.A. stands for Knowledge, Awareness, Recognition, Inclusion, Nurturance and Acceptance. All of these factors play an important part of our strategy to raise the conscience of society in including the disabled into the community. It is located at 11911 Jenifer Rd, Lutherville-Timonium, MD 21093. Web address: https://www.karina-association.org/

#### Past Internship Duties & Experiences

• Assisting participants with various tasks in which they were given during the Art,

Music, and Dance Therapy sessions

Helping with advertising for upcoming events

#### Most helpful psychology courses/experiences:

- PSY 222 Human Learning and Memory
- PSY 322 Cognitive Psychology
- Dance experience

#### What Do Students Say About This Internship?

• "I loved doing this internship! This internship has helped me to gain a better perspective of the treatment options which are available to young adults with special needs. Also, this internship has helped me to open my eyes to the effectiveness of using the creative arts for helping others."

## **Kennedy Krieger Institute**

#### Position: Intern



#### About

**Kennedy Krieger Institute** is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Multiple locations exists in Baltimore and surrounding counties. Web address: https://www.kennedykrieger.org/

#### Past Internship Duties & Experiences

- Data Entry/Management
- Hypotheses regarding areas of need for assessment/recommendations
- Assessing child, selecting testing battery, and recording observations
- Clinical interviews with family/caregivers and providing feedback to

family/caregivers including test results, diagnoses, and recommendations

#### Most helpful psychology courses/experiences:

- PSY 238 Psychological Distress and Disorder
- PSY 337 Neuroscience
- PSY 438 Seminar in Clinical Psychology
- PSY 486 Counseling Psychology

#### What Do Students Say About This Internship?

• "I think what was most beneficial about this experience was that it took my knowledge of psychology from all of the Goucher classes I had taken and expanded upon it."

# Little Leaves

**Position: Intern** 



#### About

**Little Leaves,** is a center that focuses on using ABA therapy for children diagnosed with autism spectrum disorder. Their company values include growth, high quality in everything they do, evidence based programs and community growth. They are located at 8098 Sandpiper Cir, Nottingham, MD 21236. Web address: https://littleleaves.org/

#### Past Internship Duties & Experiences

- In-home behavior tech
- Worked with children on the autism spectrum
- Responsible for data collection and learning ABA therapy techniques

#### Most Helpful Psychology Courses/Experiences

- 238 Psychological Distress and Disorder
- PSY 244 Lifespan Development Psychology
- PSY 230 Social Psychology

#### What Do Students Say About This Internship?

 "Goucher has prepared me to learn and use my knowledge in a real world setting. The courses I have taken here have been applicable to what I want to accomplish in my future career and possible future schooling. The resources and wonderful faculty at Goucher have also been wonderful in helping me tackle the problems I have had in a professional manner, and for that I am thankful."

## Mental Health America of Fredricksburg

**Position: Intern** 



#### About

**Mental Health America,** is a nonprofit dedicated to addressing and helping those living with mental illnesses and promoting the mental health of all. It was founded in 1955, with a mission of addressing the behavioral health and substance use needs of the community and creating unique programs to address identifying gaps in local services. It is located at 618 Kenmore Ave # 2A, Fredericksburg, VA 22401. Web address: https://www.mhafred.org/about-us/

#### Past Internship Duties & Experiences

- Created presentations on COVID and signs of depression in adolescents
- Created a running list of social groups to reach out and present to

#### Most Helpful Psychology Courses/Experiences

- PSY 238 Psychological Distress and Disorder
- PSY 219 Cultural Psychology
- PSY 230 Social Psychology
- Sociology Classes

#### What Do Students Say About This Internship?

 "I think there are a lot of applied aspects of any version of psychology that you can;t learn in a classroom. This internship allowed me to see the functional part of psychology and the ones who are in the field as well as the care that has to be taken for yourself when working in the field."

## **Oregon Court of Appeals**

#### **Position: Court Intern**



#### About

**The Court of Appeals**, created in 1969, is the first level of appeal following trial. The court has jurisdiction to hear all civil and criminal appeals from circuit courts, except death penalty cases, and to review most state administrative agency actions. The Court of Appeals is located at 1163 State St, Salem, OR 97301. Web address: https://www.courts.oregon.gov/courts/appellate/coa/Pages/default.aspx

#### **Past Internship Duties & Experiences**

- Review cases
- Listen in on opinions
- Learn about the civil commitment process and statutes

#### Most Helpful Psychology Courses/Experiences

• PSY 238 Psychological Distress and Disorder

#### What Do Students Say About This Internship?

• "Judge Egan was a lot of fun and very helpful to work with and it was very

interesting seeing how the court of appeals is run."

### Peace LLC Position: Intern

#### About

**Peace LLC,** is an organization made up of mental health and horse professionals that are dedicated to providing an experience of learning, growth and healing through the use of horses. They provide counsel to many individuals, families, groups and even hosts retreats. It is located at 160 Bahns Mill Rd, Red Lion, PA 17356. Web address: http://www.peacellc.org/

#### Past Internship Duties & Experiences

- Connected Peace LLC with Goucher equestrian
- Worked in a barn and assisted with jobs

#### Most Helpful Psychology Courses/Experiences

- PSY 238 Psychological Distress and Disorder
- PSY 230 Social Psychology
- PSY 312 Existential and Humanistic Psychology
- PSY 486 Counseling Psychology

#### What Do Students Say About This Internship?

 "This was a great way for me to branch my learning experience outside of campus while still being connected to the community. I felt like this was a good step for me to take as my time at Goucher comes to a close to help prepare me for the workplaces I will experience after graduation."

### PharmaSite Research Inc

#### **Position: Intern**



#### About

**PharmaSite Research,** is a clinic that focuses on research studies. It has been offering clinical research studies in mental health since 1999. They offer phase II, III, and IV clinical trials for evaluating treatments for disorders affecting children, adults, and seniors. They are located at 1314 Bedford Ave # 205, Pikesville, MD 21208. Web address: https://www.pharmasiteresearch.com/

#### Past Internship Duties & Experiences

- Accountant filing
- Created new patient binders
- Shadowed recruitment specialists

#### Most Helpful Psychology Courses/Experiences

- PSY 250 Statistical Methods in Psychology
- PSY 302 or 305 Quantitative or Qualitative Research Methods
- PSY 394 & 494 Mentored Research Team

#### What Do Students Say About This Internship?

"Definitely beneficial if you are interested in doing clinical psychology research.
 You learn what it is like to be doing clinical studies in a private office. I think it was overall beneficial as it helps me figure out what I want to do with my career path."

### PlayCenters Position: Intern

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#### About

**PlayCenters,** is a not-for-profit corporation that has been serving communities since 1982. The organization focuses on providing quality care and education to children. Web address: https://playcenters.org/

#### Past Internship Duties & Experiences

- Managed classroom to ensure it met with MSDE-OCC regulations
- Plan and implemented age-appropriate curriculum to stimulate children's

cognitive skills

#### Most Helpful Psychology Courses/Experiences

- PSY 105 Introduction to Psychology
- PSY 201 Professional Development I
- PSY 238 Psychological Distress and Disorder
- PSY 322 Cognitive Psychology
- PSY 230 Social Psychology
- CPEB 250 People Problems: Lessons from Organizational Behavior
- SOA 100 Culture and Society
- Education Courses

#### What Do Students Say About This Internship?

 "The decision that I made contributed to the internship not feeling like a job. The internship felt like an activity that I did in my spare time. I would encourage others to do the same. Choose an internship experience in a field that interests you."

## Public Health Management Corporation

Position: Transcriber/ Literature Researcher



#### About

**Public Health Management Corporation** is a regional public health institute that serves close to 350,000 clients annually, with more than 350 programs in 70 locations. It combinies the mission-driven perspective of a nonprofit with the fiscal control and management capabilities of a rigorous corporate structure. PHMC is located at 1500 Market St #1500, Philadelphia, PA 19102. Web address: www.phmc.org

#### Past Internship Duties & Experiences

- Transcribe focus group conversations and key informant interviews
- Assist with anything the team might need to move forward in writing grant proposals

#### Most helpful psychology courses/experiences:

- PSY 250 Statistical Methods in Psychology
- PSY 302 or 305 Quantitative or Qualitative Methods in Psychology

#### What Do Students Say About This Internship?

• "For other students interested in this internship they must hold some interest in public health and be ready for whatever comes their way. Flexibility is key -- things will not always go the way you imagined or were prepped for, but being adaptable and positive the whole way goes a long way."

## Rebounders Gymnastics Center



Position: Volunteer with "I Can Do It Too, Coach"

#### About

**The Sensory/Motor/Gymnastics program** was founded and developed in September 1996 at Rebounders Gymnastics by Heidi Soerensen, an Occupational Therapist. The program was designed to provide the opportunity for children with special needs to participate in a motor program as an affordable alternative to needed therapies. Furthermore, it offers students the opportunity to be integrated in a safe and fun environment with non-challenged children. It is located at 7 W Aylesbury Rd # A, Timonium, MD 21093. Web address: http://www.rebounders.com/special-needs/

#### Past Internship Duties & Experiences

• Working with special needs children ranging from about four years old to 16

years old

• Planning and making lessons for the children, one on one and with small groups

#### Most helpful psychology courses/experiences:

- PSY 230 Social Psychology
- PSY 238 Psychological Distress and Disorder

#### What Do Students Say About This Internship?

• "I gained an insight into the special needs field that I never felt I would otherwise gain. I cannot even begin to explain the feelings of joy that come across you when a connection is finally made with a student with special needs. When they finally laugh with you and respond to you, that is the moment of happiness and joy that has been worked towards for weeks or even months."

### **Talbert House** Position: Camp Leader



#### About

**Talbert House**, is located in Cincinnati Ohio. The organization focuses on prevention, assessment, treatment and reintegration for children, adults and families. It also focuses on empowering children, adults and families to live safe, healthy, and productive lives. Web address: https://www.talberthouse.org/

#### Past Internship Duties & Experiences

- Lead camp group in morning group therapy and afternoon recreational activities
- Coordinated with an LSC
- Assisted with therapeutic exercises, lessons, and worksheets

#### Most Helpful Psychology Courses/Experiences

- PSY 244 Lifespan Development
- PSY 238 Psychological Distress and Disorder
- PSY 230 Social Psychology
- AMS 205 Issues in American Studies

#### What Do Students Say About This Internship?

 "I was able to experience my own strengths and weaknesses in real environment where I had to adjust for the first time, using knowledge I didn't realize I had gained from my previous classes. I finished my internship very proud of the growth I experienced and more prepared to enter the field."

### **The Renfrew Center**

#### Position: Clinical Intern



#### About

**The Renfrew Center** has been the pioneer in the treatment of eating disorders since 1985. As the nation's first residential eating disorder facility, now with 18 locations throughout the country, Renfrew has helped more than 75,000 adolescent girls and women with eating disorders and other behavioral health issues move towards recovery. Locations include Baltimore, Bethesda, MD, Philadelphia, PA, and more. Web address: renfrewcenter.com

#### Past Internship Duties & Experiences

Observe Renfrew's Unified Treatment Model groups facilitated by primary and

group therapists across stages of treatment

Observe and participate in multi-disciplinary treatment teams and rounds by

sharing observations

- Get authentic residential treatment education/experience
- Gain knowledge on how to write HPIs and other therapist responsibilities.

#### Most helpful psychology courses/experiences:

- PSY 238 Psychological Distress and Disorder
- Peer listener training

#### What Do Students Say About This Internship?

- "My internship inspired me and affirmed that this is exactly what I want to do with my life. I want to help women and this internship affirmed that this is exactly where I can do that."
- "Incredible experience, hands on, increased understanding of the field [and] of myself, more prepared for grad school and beyond."

### **Trevor Project** Position: Crisis Counselor



#### About

**The Trevor Project,** is the world's largest suicide prevention and crisis intervention organization for LGBTQ youth. The provide 24/7 crisis support for LGBTQ young people through text, chat, or call through a trained counselor. Their mission is to end suicide among lesbian, gay, bisexual, transgender, queer and questioning young people. Web address: https://www.thetrevorproject.org/

#### **Past Internship Duties & Experiences**

- Worked as a crisis counselor for LGBTQ+ youths
- Learned to deescalate, support, emphasize and validate youths

#### Most Helpful Psychology Courses/Experiences

• PSY 486 Counseling Psychology

#### What Do Students Say About This Internship?

 "Interning at Trevor's Project was a great experience to further and strengthen my knowledge of counseling psychology. More importantly, I was able to support the youth reach out, and be a safe space for them. It was an incredibly rewarding experience, and I would encourage anyone who is interested in counseling psychology to do an ILA internship with a hotline"

### TurnAround, Inc.

#### Position: Intern



#### About

**TurnAround** opened its doors in 1978 to serve survivors of sexual assault and intimate partner violence in Baltimore County. The agency boasts a comprehensive program focused on commercial sexual exploitation – the first of its kind in the state. Our mission has always been the same: to provide counseling and support services to victims of rape, incest and domestic violence and to increase community awareness and understanding of these issues. It is located at 2300 N Charles St Baltimore, MD 21218. Web address: https://turnaroundinc.org

#### Past Internship Duties & Experiences

- Observing community presentations on various topics related to sexual violence
- Giving community presentations
- Helping in the planning of Baltimore's Take Back the Night

#### Most helpful psychology courses/experiences:

- Peer listening training
- PSY 227 Psychology of Women
- PSY 486 Counseling Psychology

#### What Do Students Say About This Internship?

• "There were so many great things about this internship, but I think the best thing was that it forced me to go into the city twice a week and spend time with people outside of the Goucher community and apply what I have learned here."

## University of Texas Department of Psychology

Position: Lab Assistant



#### About

**The Department of Psychology at The University of Texas at Austin** is devoted to educating our students and the public about behavior, thought processes, and emotion. Our department combines outstanding faculty, staff, graduate, and undergraduate students to break new ground in the study of the mind and behavior. As part of this mission, we are building an environment that encourages a diversity of backgrounds and perspectives. Goucher students have interned in the SEAY Building, Dean Keaton Road, Austin, TX 78712. Web address: https://liberalarts.utexas.edu/psychology/index.php

#### Past Internship Duties & Experiences

- Assisting with development for a software the research team was launching
- Learning how to use R, LIWC, Microsoft Excel macros, Notepad ++, and hex editors

#### Most helpful psychology courses/experiences:

- PSY 250 Statistical Methods in Psychology
- PSY 302 Quantitative Research Methods in Psychology
- PSY 394 & PSY 494 (Advanced) Mentored Research Team

#### What Do Students Say About This Internship?

• "There's seriously no better way to get a taste for a field that interests you than an internship. That kind of mastery works wonders for your confidence, especially as you reflect on your next steps in life."

## Way Station of Frederick





#### About

**Way Station, Inc.** is a not-for-profit organization dedicated to providing compassionate and quality behavioral health care, housing, and employment services to: adults with mental illness, developmental disabilities, and substance addictions; children and adolescents with emotional and behavioral challenges; and veterans with service needs. It is located at 230 W. Patrick Street Frederick, MD 21705. Web address: waystationinc.org

#### Past Internship Duties & Experiences

• Lead multiple day program groups that promote well being, including Plant care,

Meditation, Smoking Cessation, and chair yoga.

• Shadowing to gain experience

#### Most helpful psychology courses/experiences:

- PSY 238 Psychological Distress and Disorder
- PSY 438 Seminar in Clinical Psychology (Topic: Emotion Regulation)
- PSY 427 Research Seminar in the Psychology of Narrative and Meaning

#### What Do Students Say About This Internship?

- "Be as hands on as possible."
- "Build relationships with not only staff but the clients, they benefit from

interaction more than we think."

## Westchester Medical **Behavioral Center**

Position: Volunteer/Intern



#### About

The Westchester County Health Care Corporation (WCHCC) is a public benefit corporation operating a hospital for the County of Westchester and the State of New York. WCHCC functions in conjunction with New York Medical College and the facility and staff as an academic health care center providing "world class medicine just a step away." It is located at 20 Hospital Road Valhalla, NY 10595. Web address:

http://disabled.westchestergov.com/westchester-medical-center-behavioral-health-center

#### Past Internship Duties & Experiences

- Working with dementia patients: talking, reading, playing cards, helping to orient patients
- Helping with group therapy and school work for children with various behavioral

issues

Working with Quality and Safety Management: reviewing and investigating

various cases and claims involving patients and hospital staff

#### Most helpful psychology courses/experiences:

- PSY 238 Psychological Distress and Disorder
- PSY 438 Seminar in Clinical Psychology
- PSY 486 Counseling Psychology

#### What Do Students Say About This Internship?

• "Working at a hospital that has young patients with tough backgrounds is always rough at first. As long as you don't give up, work hard and ask for help when you need it, you'll become a stronger more experienced person."