

Campus Psychiatric Service Guidelines

In order to best provide appropriate mental health services to Goucher College Students who may require a psychiatric care, please be aware of the guidelines listed below. Any student requesting an appointment with the mental health nurse practitioner must **first** make an appointment with a mental health counselor. This can be scheduled by calling 410-337- 6481.

Students who will be utilizing our on-campus psychiatric services should be aware:

- Students must obtain medication orders and renewals at scheduled appointments, **not by phone, fax, or email.**
- Students must make appointments **prior** to running out of medications.
- Students must return to and rely on their home providers during breaks and studying abroad. It is the responsibility of the student to schedule appointments with home providers well in advance.
- Appointments for new assessments with the prescriber will not be made within 4 weeks prior to the end of any semester because this does not allow enough time for follow-up appointments.

Due to the limited number of hours the mental health Nurse Practitioner is available, the following is a list of students that would NOT be appropriate to utilize this service:

- Students who regularly take medications only for ADHD and are stable.
The Student Health & Counseling Center **will not provide refills for ADHD medications for students who are not currently under our nurse practitioner's care.
- Students who are not currently enrolled as full-time students (e.g. those graduated, on leave, or studying abroad).
- Students who are deemed to have complex medication issues that require more than monthly appointments.
- Students who are on medications and need counseling, but are not compliant with treatment recommendations.

Please Note:

If the student does not have a home provider, it is the **student's responsibility** to obtain one. If needed, we will help facilitate students with obtaining off-campus resources.