



Counseling Staff

Counseling services are provided by licensed professional counselors and psychologists. The staff is highly experienced in addressing the mental health needs of emerging adults in a college setting. More information on the counseling staff is located on the Counseling Center's website.

Monica Neel, Psy.D

Director, Student Counseling Services

Licensed Psychologist

Monica.Neel@goucher.edu

(410) 337-6562

Lauren Greenberg, M.S., LCPC

Mental Health Counselor & Clinical Case Manager

Lauren.Greenberg@goucher.edu

(410) 337-3023

Doug Girard, Psv.D

Licensed Psychologist

Doug.Girard@goucher.edu

(410) 337-6052

Tim Moslener, M.S., LCPC

Mental Health Counselor

Tim.Moslener@goucher.edu

(410) 337-6379

Mental Health Emergencies

Walk-in hour: Monday-Friday, 1:00 PM

Afterhours: 855-236-4278

Need to speak with a mental health counselor after hours? Goucher Counseling Services has partnered with ProtoCall to ensure students have access to mental health support outside of normal business hours. This service integrates seamlessly with Goucher Counseling Services.

Office of Public Safety: (410) 337-6111

Baltimore County Crisis Response:

(410) 931-2214

Crisis Text Line – Text HELLO to 741-741

Sexual Assault Support

TurnAround: (410) 377-8111

Title IX Coordinator: (410) 337-6243

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GOUCHER
— college —
STUDENT COUNSELING SERVICES

GOUCHER COLLEGE
1021 Dulaney Valley Road
Baltimore, MD 21204

Heubeck Hall, Lower Level
410-337-6481 (Appointment Voicemail)
410-337-6051 (Fax)

Counseling Services

The Counseling Center offers **free**, confidential, short-term counseling to full-time undergraduates and students enrolled in the post-bac pre-med program at Goucher College.

Students receive help with issues such as:

- Adjustment to college
- Stress management
- Improving interpersonal relationships
- Identity development
- Assertiveness training
- Building self-esteem
- Eating disorders
- Overcoming depression
- Alcohol and drug related issues
- Sexuality concerns
- Issues related to any kind of abuse or sexual assault

As needed and appropriate, we will assist with outside referrals for psychological testing, psychiatric consultations, and long-term therapy. It is recommended that current and prospective student in need of ongoing, long-term mental health support familiarize themselves with their insurance benefits and community treatment providers that offer long-term services. Additional resources are available on the Counseling Center's website.

Appointment Hours

To make an appointment, call 410-337-6481 and follow the instructions to leave a confidential voicemail. With exception of weekends, someone will return your call that day in order to arrange your first appointment with a counselor.

Appointments with specific counselors can also be made by contacting them through the email addresses provided on Goucher's website. There is a walk-in hour at 1pm daily Monday through Friday for urgent concerns.

Your Responsibility

Our resources are limited! It is important for you to keep the appointments you schedule. If you cannot keep an appointment, please notify us as soon as possible (we request 24hr notice) A **\$10 fee** will be charged for no shows.

Statement of Confidentiality

Legal regulations ensure strict confidentiality at the Counseling Center. Your records will be seen only by those involved in providing your care and are kept separately from health and academic records. **No one may have access to your records without your written authorization.***

*There are legal exceptions to confidentiality that are available online and will be discussed during the intake session.



Outreach and Consultation

The counseling staff is available to consult with students, faculty, and staff on a variety of issues. Throughout the year and upon request, we provide psychoeducation on a variety of topics related to wellness. Programs can be scheduled for residence halls, academic classrooms, wellness classes, and student organizations.

