



From The Division of Student Affairs

# GOPHER NEWS



For Goucher Parents and Families

## MESSAGE FROM THE VICE PRESIDENT AND DEAN OF STUDENTS

We are midway through the spring semester and excited to share with you the vision for campus life, new initiatives, and exceptional collaborations across the campus.

Renovations are underway! The new vision for campus life includes state-of-the-art facilities that enhance living-learning environments, creates a centralized dining facility in the heart of campus, and provides opportunities for additional co-curricular spaces. The Division of Student Affairs is honored to have a hands-on approach with continued developments of the First-year Village, Mary Fisher Hall and Pearlstone Dining, Interfaith Center, and the Athletics Master Plan. All renovations are planned to be complete by fall 2020. For more information regarding Community Matters @Goucher College, please click [here](#).

Within the Division of Student Affairs we have recently welcomed Dining Services to our team and are excited to work together to enhance the overall student experience. In addition, The Center for Race Equity and Identity (CREI) has settled in their new space on the fourth floor of the Athenaeum, room 422. We encourage students to get involved and follow CREI via [Facebook](#) for upcoming events.

Over the past academic year we have developed a taskforce to make Goucher College a smoke-free campus. Andrew Wu, Associate Dean of Students for Student Development and Dara Friedman-Wheeler, Assistant Professor—Psychology, co-chairs of the Smoke-Free Initiative Taskforce are working with faculty, staff, and student representatives (smokers and non-smokers) to guide the transition. The Taskforce meets biweekly to discuss moving forward and creating a timeline. The Goucher community will be notified once the timeline is determined.

We hope you enjoy the spring edition of "Gopher News!" Please feel free to stop by the Dean of Students' Office in Dorsey College Center during your next visit to campus. I welcome the chance to meet you and answer any questions or concerns you may have.

Sincerely,

Bryan Coker  
Vice President and Dean of Students

## THEME SEMESTER SPRING 2017 | THE POWER OF STORYTELLING

For the Spring 2017 theme semester Goucher has explored the personal, the creative, and the academic dimensions of stories through, "The Power of Storytelling." Storytelling allows individuals to see the world from different perspectives and connect with others as their true authentic selves. Through our themed semester, we will uncover and discover various Goucher stories and create open communication across our curriculum and campus community.

For more information please visit:

<http://blogs.goucher.edu/themesemester/>



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## Community Summit

A Community Summit was held on Wednesday, January 18- Friday 20, 2017 where a group of student leaders convened to discuss the community principles and build authentic relationships with one another. The summit attendees were a representative group ranging from members of the Judicial Board to the College Republicans to Ultimate Frisbee. The process consisted of "unpacking" the current Community Principles, reflecting on them and discussing what it means to view and consider them through an equity lens. The five Community Principles are respect, inclusion, communication, service and social justice, and responsibility.



In acknowledging that a majority of the community does not know what these principles are, we sought to re-evaluate their relevance to our community. We don't want these principles to simply be words on the banners that we see as prospective students. We want these principles to be the standards to which we hold each other accountable. The summit was really the beginning of the conversation and we are dedicated to this process. In terms of the next steps, we are now looking to continue the conversation with President Bowen, Provost Lewis, Faculty Members, Administrators, Staff and Goucher Students.

To learn more about our mission, vision, and community principles please visit the link provided: <http://www.goucher.edu/about/who-we-are/community-principles>.

Written by: Celena Dyal '17 and Erin Carrigan'18

## Important Dates and Upcoming Events:

March 29:	Majors and Minors Fair 3-4:15 p.m., Athenaeum Forum
March 30:	"The Power of Storytelling" Ann Hamilton 6:30 p.m., Kraushaar Auditorium No tickets necessary
April 1:	- Fall 2017 Enrollment and Housing Deposits due - Housing Applications due to The Office of Residential Life - Housing Accommodation Form due to Arnelle Hanley, Director of Accessibility
April 3:	"The Power of Storytelling" Curtis Sittenfeld 7 p.m., Kraushaar Auditorium Tickets are free
April 10-14:	Registration for Fall 2017 begins
April 12:	"The Power of Storytelling" Anna Deveare Smith 7 p.m., Kraushaar Auditorium Tickets are \$25
April 26:	The Goucher Symposium: A Celebration of Learning & Scholarship 1-5 p.m., The Athenaeum
May 5:	- Last day of classes - Spring Convocation – "Goucher Celebrates Academic Achievement and the Arts" 4:30 p.m., Kraushaar Auditorium - Community Dinner 6 p.m., The Great Lawn
May 6-8:	Reading period
May 9-12:	Final Exams
May 12:	- Residence halls close - Last day for graduating seniors to settle tuition account balances
May 17:	Lavender Ceremony 12 p.m., Merrick Lecture Hall
May 18:	- Kente Cloth Ceremony 12 p.m., Merrick Lecture Hall - Baccalaureate 4:30 p.m., Kraushaar Auditorium
May 19:	Commencement Ceremony 10:30 a.m., The Great Lawn

For more events please visit <http://blogs.goucher.edu/intheloop/>

## STUDENT SPOTLIGHT: Abigaile Bates



**Class of 2018**

**Major: Theatre with a concentration in Arts Administration**

**Hometown: Mebane, North Carolina**

**Clubs/ Organizations: Open Circle Theatre, Reverends Rebels, Facilitator of Surviving Together, Student Manager of the President's Office, Box Office Manager of the Mildred Dunnock Theatre**

### Why did you decide to attend Goucher College?

During my college search I knew I wanted to be in a more culturally diverse area. I looked at several liberal arts schools on the east coast, and I came across Goucher. I loved its proximity to Baltimore and the atmosphere I felt when I visited campus. It was very inviting. I got the impression that this could be a place that I could make long-lasting connections and leave with a well-rounded education. Therefore, I packed my bags and moved up north.

### How have you evolved as a student and an individual during your time here?

I am more aware of the world around me. I am able to look at perspectives different from mine with a much more open mind and open heart. Goucher has given me a more global aspect on many different topics.

### Has any staff member helped shape or inspire you?

The entire theatre department staff have been the best people I have ever worked with. Their talent and wisdom as my guidance has allowed me to experiment in the art in a more personal way in order to become more in touch with myself and the world around me. They have been so inspiring and supportive throughout my artistic and academic journey.

### What would you tell prospective students who might be considering Goucher College?

Goucher is for outspoken people. It is for students who have a passion for connection, community, and social justice. It is for students who can handle a challenge and are prepared to learn in different ways. Goucher is a wonderful place to grow.

### What do you enjoy most about Goucher College?

The people. The community at Goucher makes the whole experience worth everything.

### Where's your favorite place on campus to unwind?

I like spending time on the trails through the woods. I don't have a horse on campus, but I do like to visit the ones that are at the stables. It reminds me of home.

## "Ask Your M.D." (Mobile Dean)

Do you have a question, concern, or need a solution?

Meet with a  
Mobile Dean  
(M.D.)



The Deans have continued their "mobile" initiative, meeting students where they are on campus, answering questions, concerns, and connecting students with relevant campus resources.

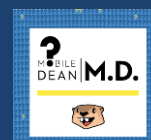


We encourage students to take advantage of this opportunity, come out and connect. Future Mobile Deans will incorporate guest stars, give-a-ways, arts and crafts, and sweet treats, just to name a few.

You can find the Mobile Deans on Van Meter Highway located by the Gazebo or the Entrance to the Athenaeum two days a week, every week!

For more information regarding dates and times go to [www.goucher.edu/mobiledean](http://www.goucher.edu/mobiledean).

Follow **Goucher College** on Instagram or Snapchat





## "Notion of Healing"

The Office of the Vice President and Dean of Students has partnered with Academic Affairs to develop an article called, "Notion of Healing." As the reader you will learn about different conceptions of healing through faculty members specific disciplines.

### **Rory Turner, Assistant Professor** Center for People, Politics and Markets Masters of Arts in Cultural Sustainability

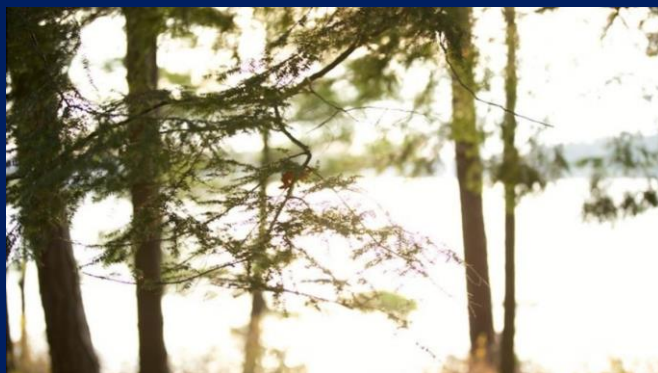
"In anthropology, we take "notions of healing" with utter seriousness. The anthropological vantage point of pan-human comparison reveals a myriad of ways that illness and health are understood and experienced, and the role that cultural notions play in these different worlds. Understanding that health is both biological and cultural, and that healing is a matter of meaning as well as medicine, anthropologists study healing as a biocultural process. This inquiry generates insights into how power and history shape people's health and access to health care. It also suggests that how we conceptualize illness and approach healing is encoded through narrative, symbols, and performance with cultural assumptions about what a person is, and about the extent and nature of our mutual responsibility. How we support one another's healing, both biologically and culturally, speaks volumes about the health of our society and who we are as human beings. I hope inviting students to consider these matters makes them better practitioners and care givers, as well as citizens."

### **Martin Shuster, Assistant Professor** Director, Judaic Studies Program Center for Geographies of Justice and Cultures

"Thoughts about healing have implicitly or explicitly gained an importance in Jewish thought after the Nazi genocide, and it is in this context that I sometimes consider it in my work and in the classroom: how, exactly, does one 'go on' after the Nazi genocide? What—if anything—does and might healing mean in such a context? The twentieth century German-Jewish thinker, Walter Benjamin, is someone who I frequently invoke in this context, especially in the classroom. Writing about the angel of history in 1940, shortly before his death, he imagines that:

This is how one pictures the angel of history. His face is turned toward the past. Where a chain of events appears before *us*, *he* sees one single catastrophe, which keeps piling wreckage upon wreckage and hurls it at his feet. The angel would like to stay, awaken the dead, and make whole what has been smashed. But a storm is blowing from Paradise and has got caught in his wings with such violence that he can no longer close them. This storm propels him irresistibly into the future, to which his back is turned, while the pile of debris before him grows toward the sky. This storm is what we call progress.

Benjamin's suggestion—one to which I think we need to be sympathetic, especially in the present moment—is that sometimes our very drive towards progress and conciliation is itself the origin of the catastrophe; in this regard, we need to focus on and develop notions of healing that do not rely on simple accounts of progress and that instead deal with the full range and nature of the suffering they aim to acknowledge."



## STAFF SPOTLIGHT: Monica Neel, Psy.D. – Director of Student Counseling Services



**Office Building and Room Number:** Student Health and Counseling Center, ground floor of Heubeck Hall

**Phone:** 410-337-6562 (direct); 410-337-6481 (main counseling center line)

**Email:** [monica.neel@goucher.edu](mailto:monica.neel@goucher.edu)

**Center Hours:** M-Th: 9 a.m.-7 p.m., F: 9 a.m.-5 p.m.

**Mission of the Office:** Our goal is to support the emotional growth and personal well-being of students with efforts to contribute to a positive and holistic educational and academic experience.

### What brought you to Goucher College?

Prior to starting at Goucher in 2010 as a part-time psychologist in the Counseling Center, I had an outpatient psychotherapy practice in Towson. I would occasionally have clients who were Goucher students and enjoyed my work with them. At that time, I was also an adjunct faculty member at both CCBC and Loyola University. When I saw the job posting for the position at Goucher, it felt like a great opportunity to fuse my love of psychotherapy and work with a diverse community of college students who were eager to learn about themselves.

### Please describe your position. What does a typical day look like for you?

I've been Director of Student Counseling Services since Fall 2015. Since that time, I spend about half my time providing individual psychotherapy to our students (still the favorite part of my job!). The other half is spent working with counseling staff and faculty/staff from other departments to ensure we are making best efforts to meet the needs of our students. In any given day, this may mean attending meetings, analyzing our utilization data, researching best practices and integrating them into our policies and procedures, and planning community outreach and psychoeducation opportunities for our students.

Most recently we developed an exciting partnership with JED Campus (<http://www.thecampusprogram.org/>) to ensure Goucher College maximizes opportunities for strategic and comprehensive services and programming targeting student mental health, substance abuse, and suicide prevention efforts.

### Where is your favorite place on campus to unwind?

I try to make the most of small moments as I rarely get a large chunk of time to unwind during my work day. Our team is great about maximizing the few minutes we have between sessions. I know I'll always have a smile or laugh with a colleague...even if just for a minute. When I have meetings outside of the office, I love using my walks from building to building to quiet my mind, check in with my body, and take in the outside air. This campus is a different picture in every season!

### Do you have any words of wisdom to share with students?

This is your time to take the reins! Embrace the amazing opportunities life has to offer and maximize your Goucher experience by participating in activities that help you find your passion.

### What do you want students to know about psychotherapy offered at Goucher College?

It can be intimidating for anyone to enter psychotherapy. Many don't know what to expect and others may have expectations based on their previous experiences with other therapists. While we are bound to confidentiality, some feel vulnerable sharing personal experiences and feelings with a stranger. Our goal is to create a supportive and safe environment in which one can better understand themselves, their feelings and behaviors while learning skills they can carry into their daily life. Our short-term model of psychotherapy is an active process (not just listening or advice-giving) in which treatment goals are collaboratively developed. It is most successful when clients are motivated and intentional about their work during sessions and make efforts to continue to think about and experiment with new skills in their day to day experiences. Our team has a broad range of expertise and clinical styles with a capacity to meet the needs of most of our students (<http://www.goucher.edu/student-life/student-services/counseling-services/about-us/counseling-center-staff/>).

### A few of my favorite things:

- Turtles – if you've been to my office, you've seen them. My turtle collection evolved from a brooch that belonged to my mom. During my high school years, I started to appreciate their symbolic meaning for wisdom, longevity, and taking one's time.
- Green tea – particularly in my "work" mug that was a gift from a former client.
- Insight Timer – a great app with over 3000 free guided meditations from some of the world's leaders in the field. An awesome way to experiment and find your personal favorites. <https://insighttimer.com/>
- The Gifts of Imperfection – a great read, as are all the others, by Brene Brown. <http://brenebrown.com/>
- Self-compassion - a skill I continue to practice. <http://self-compassion.org/>



## GOPHER ATHLETICS HIGHLIGHTS



On the men's side, senior Chris Outing took over second place in all-time blocks at Goucher on February 4<sup>th</sup> against Susquehanna University. The senior forward only played three years of men's basketball at Goucher, but still managed to supply the team with 82 blocks. Trae Lindsay '13 currently holds first with 172 career blocks.

In the sport of swimming, junior Alexis Regopoulos earned Landmark Conference Second-Team honors in the 1650 freestyle. She follows in the footsteps of a strong tradition of swimming at the Landmark Conference Swimming & Diving Championships. In 2016, Morgan Richter '16 earned Swimmer of the Year honors setting multiple conference and meet records. In 2015, Sam Davis '15 also set conference and meet records. Both have been recognized on the Landmark Conference All-Decade Swimming & Diving teams along with Bethany Natoli '09 and Britt Hogstrom '10.

Indoor track & field has also found success during the 2016-17 season, dropping multiple Goucher College records. First year, Ogemdi Chukwu, has posted record setting times in the 55 meter hurdles and 60 meter hurdles with the times of 8.20 and 8.70, respectively. Chukwu is also a member of the 4x200 relay team of Xavier Coggeshall, Gunther Wallach and Miles Taylor, which broke their own school record with a time of 1:37.14 on February 18<sup>th</sup> at the Susquehanna Invite. Former student-athlete, Destiny Phillips, was named to the Landmark Conference All-Decade Team after competing in the sport for only one year.



Goucher College Athletics saw plenty of individual success during the winter seasons. First of which, junior Briana Bull scored her 1,000<sup>th</sup> point at Goucher on January 25<sup>th</sup> against Landmark Conference foe, Moravian College. Soon after, she set her sights on the all-time scoring list, moving to sixth all-time by the end of the season with 1,143 points. She also went on to take control of third place all-time in steals (221) in Goucher women's basketball history.



## **BIAS EDUCATION RESPONSE TEAM (B.E.R.T.):**

In the fall of 2015, The Division of Student Affairs established the Bias Education and Response Team (B.E.R.T.). Team members meet weekly to review reports and engage in ongoing professional development to better serve the campus community.

B.E.R.T. serves as a hub for:

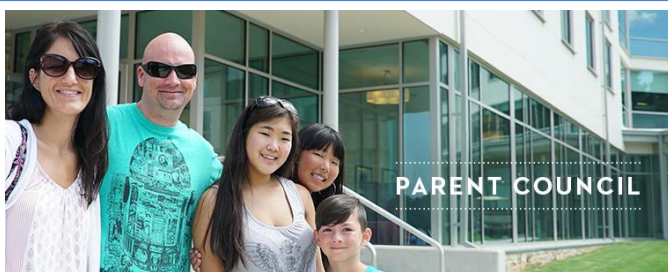
- Educating the campus community about the nature and impact of bias;
- Connecting students to resources for support;
- Collecting and tracking campus trends pertaining to climate; and
- Providing recommendations and advocacy towards institutional, cultural, and structural equity for marginalized and oppressed individuals and groups in our community.

The team has been active since December 2015, and one of their goals includes increasing awareness about on-campus bias incidents, which allows for a better assessment of campus climate. The team will provide the campus community with a report each calendar year. Prior to the beginning of every academic year, the team will provide recommendations on improving the campus climate as well as increasing community education, and enhancing support for targeted members of the communities.

In the 2016 calendar year, B.E.R.T. received a total of 31 reports that resulted in 19 cases. **Out of these 19 cases, 15 were determined to be incidents of bias and the remaining 4 cases lacked sufficient information to determine bias.** For the detailed report, read the 2016 Report Summary.

For more information please visit <http://www.goucher.edu/student-life/equity-and-identity/center-for-race-equity-and-identity/bias-education-and-response-team>.

## **GET INVOLVED: JOIN THE PARENT COUNCIL!**



Parents play a very important role in Goucher's success through their philanthropy and volunteerism. There are a number of ways for you to get involved and many volunteer activities can be done by phone or email, so whether you live nearby or far away there is a place for you! Goucher parent volunteers serve in the following areas:

### **Goucher Parent Ambassadors-**

Our Ambassadors serve at events for admitted students in the spring, host send-offs and make welcome calls to incoming families in the summer, and staff both Parent Orientation and Family Weekend in the fall. If you love telling your family's Goucher story and enjoy welcoming those new to the college, we have an exciting job for you!

### **Career Development Volunteers-**

Do you have insight that you can share with a Goucher student interested in your career field? Our parent volunteers participate in Facebook Live sessions, Friday coffee chats on campus, mock interviews, and more. Join us in opening doors for our students by becoming a career development volunteer today!

### **Fundraising Committee Members-**

Our parent volunteers serve in peer-to-peer fundraising efforts that enrich the Goucher experience and make it accessible to all admitted students. Parent volunteers support the college's fundraising efforts at every level and we urge participation in the Annual Fund campaign by all Goucher families.

Please contact Lillian Klein, director of parent engagement at (410) 769-5089 or email [lillian.klein@goucher.edu](mailto:lillian.klein@goucher.edu) for more information on how to get involved!

For important dates and other information, please visit <http://www.goucher.edu/advancement/parent-council>.