Starting Your Internship Search
Why do an Internship?

- Information about career fields of interest
- Gain and practice skills applicable in the workplace
- A community of professional contacts
- Major requirement = academic credit

A recent survey* shows that students who completed at least one internship received a job offer more quickly and had a higher first position salary than those who did not.

* National Association of Colleges and Employers
Why do an Internship?

Ariana '24 says "Now that I have a better idea of what I want to do in the future, I can really focus on specific things and ask specific questions that can get me where I need to be in the future. I will forever use the skills [I gained] with anything I do."

Siam '26 says "It simply gave me the opportunity to imply everything that I learned at Goucher and this motivate me to be more focused in my time at Goucher."

Mabel '23 says "My internship has changed the way I look at the world. I learned more about the specific behind the scenes of social media marketing and how to storyboard your vision for these different platforms. I really value the education I received from my internship."
Internships can be:

- Paid or unpaid
- Full-time or part-time
- Done any time during the year
- For academic credit or not

Internships need:

- Learning outcomes
- Appropriate supervision
Get started with your Career Interests

• What are your career interests?
• When do you want to intern?
• Where will you be when you want to intern?

Did you know? 80% of students who share their career interests on their profile receive a message from a recruiter on Handshake.
Searching for an Internship on Handshake
Searching for Advertised Openings

SITES TO LOCATE INTERNSHIPS

General
- Handshake
- Baltimore College Network
- LinkedIn
- Indeed
- Glassdoor
- Google

Specific Industries
- Development/Fundraising:
  - Philanthropy.com
- Federal Government:
- Non-Profit:
  - Idealist for Non-Profits
- Publishing:
  - Bookjobs.com
- Research:
  - NSF Research Experiences for Undergraduates (REUs)
- Technology:
  - Maryland Technology Internship Program

Categories: General, Specific Industries, Remote, Identity
Finding Advertised Openings with Employers of Interest
Finding Unadvertised Openings through Your Community

Career Conversations **ARE:**
- Connecting with people to give and receive information, advise, support and referrals
- Building a community of people with shared interests with which to learn and grow

Career Conversations are **NOT:**
- Asking for an internship
- Acquiring names of people just to get a job
- Using people strictly for your gain
- Putting friends, neighbors, or others on the spot
Craft a brief, simple message that includes:

• How you know the person?
• What are you interested in?
  • Be clear that you'd like to hear their story
• What you want from them?
  • 30 minutes
One more way to find opportunities
Application Tips

• Start applying the semester before you want to intern
• Know that summer internships may have fall deadlines
• Review position description, qualifications and organization website
• Tailor your resume and write a cover letter
• Follow application instructions EXPLICITLY – submit everything asked for (transcripts, references, recommendations)
• Track your applications – what, when, who
# Academic Credit and Funding

**Academic Credit**
- Every major has an internship course
- 45 hours for every one credit
- Register with Internship Learning Agreement (ILA) via Handshake

**Funding**
- Unpaid internships in the summer
- $1500
- Goucher Intern Fellowship (ILA)
Goucher Intern Fellowship

Funding to support student pursuing unpaid internships during the summer
RESOURCES BY TOPIC

If you'd like help or want to discuss these topics further with a CEO staff member feel free to schedule an appointment in Handshake.

- PowerPoint: Internship Search
- Finding an Internship
- Handshake How Tos: Searching for an Internship (Youtube Video)
- ILA Information Sheet (PDF)
- Internship Learning Agreement
- ILA Sample Form (PDF)
- Internship Learning Outcomes (PDF)
- Student Reflection on Internship Experience

Resources by Topic
Handshake
Make an Appointment in Handshake
Our Staff

Resources for:
Alumnae/i
Employers
Faculty & staff

Talk to Us
Considering Goucher? Tell us your interests, and we'll share information relevant to you.

TALK TO US
CAREER EDUCATION OFFICE

Make Your Plan!

• When do you want to do an internship?
• What's your first step?