

# HEALTHFEST

## 2007



**TUESDAY, OCTOBER 30**  
**11 a.m. - 2 p.m.**

**HEUBECK HALL, 2nd floor**  
(Multipurpose Room and  
surrounding area)

- Seated massage (\$5) and acupuncture
- Free screenings for blood pressure, cholesterol, osteoporosis, diabetes, spine, and body composition
- Information on nutrition, herbal remedies, contraception, relationships, cancer, debt management, and more
- **FREE** door prizes!

For more information, contact Ellen Snyderman at 410-769-5097 or [ellen.snyderman@goucher.edu](mailto:ellen.snyderman@goucher.edu).